



JOY

With Revd Canon David Matthews

The joy of the Lord is my/our strength (Nehemiah 8 v 10)

The significance of Joy as (1) strength and as (2) Joy of God, not dependent on how we are or feel at a given time

Joy is God's gift ... and does not depend on 'happiness'

Joy is encounter with God and our culture What steals joy?

What sustains joy?

Joy is a choice ...

Joy is God's gift, the choice is ours ... Use it or lose it!